## Animal Hospital

## Canine Wellness Checklist -

As dogs move into different phases of life, they experience changes that are very like aging humans. Diseases and conditions that are commonly known to affect older people also affect our canine companions: kidney, heart and liver disease, tumors, cancer, diabetes, depression, arthritis, thyroid conditions, hormonal problems, neuroses and loss of sensory perception. By answering the following questions about your canine family member and allowing us to do annual wellness blood testing you can assist us in detecting the onset of diseases and conditions early, when treatment and prevention are most effective.

## Risk Factors



|  | Yes | No |
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My dog goes out unsupervised
My dog has contact with other pets
There are ticks in my area
There is wildlife in my area including raccoons, mice, squirrels possums and skunks My dog sleeps with me or my children
My dog has the opportunity to drink from puddles or ponds
My dog goes to a groomer or boarding kennel
My dog goes to dog shows
My dog goes hunting
My dog is spayed or neutered
My dog has missed his or her monthly heartworm preventive at least once this year
I have missed a dose of heartworm preventive by more than 2 weeks
My dog gets table scraps or other "people" food
Signs: Have you noticed?
Change in water consumption
Change in appetite
Lethargic or depressed (listless)
Change in urine production (watch for increased amounts of urine)
Constipation
Change in attitude (irritability)
Change in sleeping patterns
Noticeable decrease in vision
Vomiting
Diarrhea
Weight Gain
Bad breath or Drooling
Lumps or bumps on the skin
Excessive panting
Breathing heavily or rapidly at rest
Increased stiffness, trouble jumping, or walking
Cold or heat intolerance $\qquad$

Is your pet on medication?
If so what
What do you feed your pet? Do you give your dog treats?
What kind and how many per day
Has your dog ever had an allergic reaction to a vaccination?

How old is your dog in human years?


## What food do you feed your dog?



| Dogs Age | $0-20 \#$ | $21-50 \#$ | $51-90 \#$ | $>90 \#$ |
| :--- | ---: | ---: | ---: | ---: |
| 5 years | 36 | 37 | 40 | 42 |
| 6 years | 40 | 42 | 45 | 49 |
| 7 years | 44 | 47 | 50 | 56 |
| 10 years | 56 | 60 | 66 | 78 |
| 12 years | 64 | 69 | 77 | 93 |
| 15 years | 76 | 83 | 93 | 115 |

